I am awake.

I am filled with joyful anticipation.

I fell unfamiliar rumblings in my heart as I welcome each new day, now, with joy and confidence instead of self-pity and fear.

He who suffers, remember. I will never repeat the failures and futile mistakes of the past now that I have these scrolls to guide me.

Each day, I will venture out into the world accompanied by three powerful new allies: confidence, pride, and enthusiasm. I am confident I can deal with any challenge, pride demands that I perform to the best of my ability, and all this will be accomplished because I have rediscovered a special power that has been missing from my life since childhood, the power of enthusiasm.

Every memorable act in the history of the world is a triumph of enthusiasm. Nothing great was ever achieved without it because it gives any challenge or any occupation, no matter how frightening or difficult, a new meaning. Without enthusiasm I am doomed to a life of mediocrity but with it I can accomplish miracles.

There is a new meaning to my existence. Failure is no longer my constant companion. The nothingness, isolation, powerlessness, sadness, vexation, and despair of the past have vanished since that day, not so long ago, when I remembered how to smile. Already, others are reflecting my smiles and my caring. I share the candle of love and happiness gladly.

Always will I bathe my days in the golden glow of enthusiasm.

Enthusiasm is the greatest asset in the world. Its potential value far surpasses money and power and influence. Single-handed, the enthusiast convinces and dominates where the wealth accumulated by a small army of workers would
scarcely raise a tremor of interest. Enthusiasm tramples over prejudice and opposition, spurns inaction, storms the citadel of its object and, like an avalanche overwhelms and engulfs all obstacles. I have learned a great lesson-enthusiasm is my faith in action! With faith I cannot fail.

Always will I bathe my days in the golden glow of enthusiasm.

Some of us are enthusiastic at times and a few even retain their eagerness for a day or a week. All that is good but I must and I will for the habit of sustaining my enthusiasm indefinitely, honestly, and sincerely so that the success I enjoy today can be repeated tomorrow and next week and next month. Enthusiasm, the love for whatever it is I am doing at the moment, works in marvelous ways I need not even attempt to understand but I do know the it will give additional vitality to my muscles and my mind.

Enthusiasm in all I do will become, with hard work, a habit. We first must make our habits and then, good or bad, they make us. Enthusiasm will be my chariot to a better life. Already I am smiling in anticipation of the good to come.

Always will I bathe my days in the golden glow of enthusiasm.

Enthusiasm can move castles and charm brutes. It is the genius of sincerity, and truth is rarely victorious without it. Like so many others, I have conducted my life with false ideas of true rewards, believing that comfort and luxury should be my goals when all that any of us need to make us really happy is something to be enthusiastic about. Enthusiasm will benefit my future more than spring rain nourishes the wheat.

Henceforth, all my days will be different than those of the past. Never again will I consider that whatever I must do to support my existence is labor, for then I will feel the strain of necessity in my work and the hours of each day will endure for what seems an eternity. Let me, instead, forget that I must work to eat and approach the day's toil will all my energy and caring and good spirit. With these qualities I will perform far better than ever before, the hours will pass swiftly, and if this enthusiastic output continues, day after day, I am certain to become more valuable to myself and to the world.
There is no person, no occupation, no trouble, that cannot be affected for the good by my attitude.

Always will I bathe my days in the golden glow of enthusiasm.

In that bright glow will I be able to see, for the first time, all the good things of life that were concealed from me during those years of futility. Just as the young lover has a finer sense and more acute vision and sees, in the object of his affection, a hundred virtues and charms invisible to all other eyes, so will I, imbued with enthusiasm, have my power of perception heightened and my vision magnified until I can see the beauty and charm others cannot discern which can compensate for large loads of drudgery, privation, hardship, and even persecution. With enthusiasm I can make the best of any situation and should I stumble now and then, as even the most talented will do on occasions, I will pick myself up and go on with my life.

Always will I bathe my days in the golden glow of enthusiasm.

What a great exhilaration I feel, knowing that I possess this great power to alter my days and my entire life with my attitude. How sorry I feel for those legions who have no knowledge that they can use this great force, a force already within them, to guide their future.

I will turn back the calendar and adopt the irresistible charm of youth with its enthusiasm bubbling like a spring of mountain water. Youth sees no darkness ahead, no trap that has no escape. It forgets that there is such a thing as failure in the world and believes that mankind has been waiting, all these centuries, for him or her to come and be the liberator of truth and energy and beauty.

Today I raise my candle on high and smile at everyone.

Always will I bathe my days in the golden glow of enthusiasm.